

Cougar Courier...



GOOD, BETTER, BEST.

NEVER LET IT REST,

TILL YOUR GOOD GETS BETTER,

AND YOUR BETTER GETS BEST!



RACE TO NOWHERE... Save the date - Thursday December 8th - 7 p.m for the critically acclaimed documentary, "*Race to Nowhere*", coming to Spring Brook Elementary. "*Race to Nowhere* explores why many students feel the pressure to perform, and offers suggestions regarding how to overcome this pressure.

Parents are also feeling cultural pressure to raise kids who are the "best" at everything. This culture of "doing" has largely taken our students away from the parental and friendship support systems they once used to have. Parents are turned from caregivers into homework police, sports coaches, and taxi drivers. Teachers and coaches are turned from caring adult mentors into pushy pests that require perfection."

The film raises awareness, promotes some options for change, and fosters the conversation of raising good kids vs. good performers.

This event is intended for parents and is sponsored by the Parent Programs Committee, the PTA and KidsMatter of Naperville. Tickets are \$10 and can be purchased via the "Race to Nowhere" website: www.RacetoNowhere.com/screenings

Proceeds will benefit KidsMatter to help them continue their excellent work in providing family resources to the Naperville area. Some of their Collaborative Youth Team partners will be available that evening for inquiry or discussion. If you have questions, please contact Carrie Wujek (630-983-3027) or Anne Dennison (630-946-6183).

RECESS EQUIPMENT... If you are cleaning out your garage and find any extra balls, jump ropes, or any other items that could be donated for Clow's recess, it would be greatly appreciated! Please feel free to drop off at the Clow Main Office!

If you have questions regarding any of the content of the newsletter, please feel free to contact the main office at 630.428.6060 for clarification.