

Running Club / Track Intramural

6th, 7th, 8th Grade



It is time to get back into shape! Spring is coming and so is track. Join running club to get the jump on the track season, workout, or just have fun. Running club will meet in the back hall by the field house, dressed and ready to go at 3:10 after school. Running days will be posted outside the locker rooms and are listed below. Please have a ride available to pick you up at 4:30. We will be running outside in the neighborhood and woods, so please, dress accordingly. The first run will be Tuesday, March 3.

(We will monitor the weather and may cancel, but plan on running anytime ☺)

Running Dates 3:10-4:20 PM – Pickup by 4:30		
Tuesday, March 3	Thursday, March 19	Monday, April 6
Thursday, March 5	Thursday, March 26	Monday, April 13
Tuesday, March 10		Tuesday, April 14
Thursday, March 12		Monday, April 20

Thanks,

Coach Kelsey
Coach LaDew



(please return the bottom portion)

My student, _____, has my permission to participate in running club. He/She will have a ride available to pick them up from Hill by 4:30 PM

Parent / Guardian Signature _____ Date _____

Home Phone _____

Cell Phone _____

Work Phone _____