

Jo Ann Della Torre, a guest speaker, met with Fifth Grade students to discuss nutrition, as part of their Digestion/Nutrition Unit. Ingredient and nutrition label information on several food items was shared and students were encouraged to make wise food choices using this information. Included in the presentation was a seven year old McDonald's Happy Meal that did not have a speck of mold on it!



This is what a seven year old Happy Meal looks like!



Ever wonder how much sugar is in that Big Gulp?

