

PDAC invites you to a crucial Zoom meeting addressing the pressing concerns of youth mental health. Led by Betsy Boesch, Assistant Director of Youth and Family Services at the DuPage County Health Department, this session promises invaluable insights and practical strategies.

Join us to explore the complexities of anxiety, depression, and bullying among our youth. Learn the tools to identify early signs and provide essential support.

This forum will empower you with knowledge on accessing resources at both School District and County levels. By attending, you actively contribute to creating a safer, more supportive environment for our youth.

Betsy Boesch

Assistant Director
Youth and Family Services
DuPage County Health
Department

Dawn Forkner

SEL and Wellness Coordinator, District 204

Saba Haider

Public Health Board DuPage County Health Department

Location: IPSD 204 CEC Building 780 Shoreline Dr, Aurora

In-Person - <u>Register Here</u> Online - <u>Register Here</u> https://tinyurl.com/APRILPDAC https://tinyurl.com/PDACZOOM