Recreational Resources

These services are offered to individuals of all ages with special needs including learning disabilities, physical disabilities, hearing or visual limitations, and cognitive disabilities for social and recreational activities. In addition to the agencies listed below, consider the fact that many local park districts also provide recreational opportunities, with support if necessary.

Parents and individuals should consider the following questions prior to contacting recreation associations and programs:

Do you have a targeted time for recreational activities?

- -Summer
- -Evenings
- -Vacation periods
- -Throughout the year

What types of recreational activities are you in search of for your child?

- -Large group, small group, and/or individual activities
- -Community-based activities
- -On-site activities
- -Organized activities
- -Flexible activities
- -Physical activities
- -Creative activities
- -Integrated activities

What are the goals for joining a recreation program?

- -Develop new friendships
- -Become involved in the community
- -Increase social skills
- -Learn new recreational skills

What type of transportation can do provide your child? -Self transport (child drives) -Ride from family or friend -Taxi or public transportation Questions to ask each agency that provides recreational activities:

-What is the targeted age group?

-What is the targeted population (i.e., level of disability)?

-Do you offer types of transportation services? If so, do I need to pay?

-Do you offer integrated programs?

-What are your fees? What do they include? Do you offer financial assistance programs? -How much supervision is provided at activities?

-Typically, how many participants attend events?

-What times of the day do you offer programs? What times of the year do you offer programs?

-Are there residential boundaries for participants in your programs?

-Can you send me a newsletter or bulletin from your organization regarding incoming events?

Ray Graham Association

15W431 59th St. Burr Ridge, IL 60527 Phone: (630) 325-3857 www.ray-graham.org

Areas Served:

Burr Bridge, Hinsdale, Oak Brook Park District, Willowbrook, Countryside, Pleasant Dale, Elmhurst, Westchester

Northeast DuPage Special Recreation Association (NEDSRA)

770 W. Centennial Place Addison, IL 60101 Phone: (630) 620-4500 or (630) 620-7477 (TDD) www.nedsra.org

Areas Served:

Addison, Bensenville, Lombard, Glendale Heights, Itasca, Medinah, Oakbrook Terrace, Schiller Park, Villa Park, Wood Dale, Butterfield Park District

Southeast Association for Special Parks and Recreation (SEASPAR) 4500 Belmont Downers Grove, IL 60515 Phone: (630) 960-7600 www.seaspar.org

Areas Served:

Downers Grove, Darien, Lisle, Westmont, Woodridge, Clarendon Hills, Village of Indian Head Park , LaGrange, LaGrange Park, Village of Western Springs

Western DuPage Special Recreation Association (WDSRA)

116 N. Schmale Carol Stream, IL 60188 Phone: (630) 681-0962 / Fax: (630) 681-1262 www.wdsra.com

<u>Areas Served:</u> Glen Ellyn, Naperville, West Chicago, Wheaton, Bloomingdale, Winfield, Warrenville, Roselle, Carol Stream

> **Trips, Inc.** PO Box 10885 Eugene, Oregon 97440 1-800-686-1013

• Provides travel outings to adults of various abilities in a safe, respectful and fun atmosphere.

Areas Served: U.S.A.